

April 2022

Items Needed:

****Wipes****

Snacks

Kleenex

****Clorox Wipes****

West Central Community
Center
1603 N Belt St
Spokane, WA 99205
Fax: 509.324.2347

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					BINGO Fitness and Move- ment Movie	2
Theme: Amphibians & Reptiles						
3	Science Fitness and Move- ment Book Club	4 Book Club Fitness and Movement Volunteer	5 Music Fitness and Move- ment Women's Tea	6 Trivia Fitness and Move- ment Men's Coffee	7 BINGO Fitness and Move- ment Movie	8
Theme: Gardening (Planting)						
10	Science Fitness and Move- ment Book Club	11 Book Club Fitness and Movement Volunteer	12 Music Fitness and Move- ment Women's Tea	13 Trivia Fitness and Move- ment Men's Coffee	14 BINGO Fitness and Move- ment Movie	15
Theme: Life Cycles (Plants and Animals)						
17	Science Fitness and Move- ment Book Club	18 Book Club Fitness and Move- ment Volunteer	19 Music Fitness and Move- ment Women's Tea	20 Trivia Fitness and Move- ment Men's Coffee	21 BINGO Fitness and Move- ment Movie	22
Theme: Circus/Carnival						
24	Science Fitness and Move- ment Book Club	25 Book Club Fitness and Move- ment Volunteer	26 Music Fitness and Move- ment Women's Tea	27 Trivia Fitness and Move- ment Men's Coffee	28 BINGO Fitness and Move- ment Movie	29
Theme: Mountain Animals						



If your client/s have cold or flu like symptoms please keep them home. These include:

- Fever
- Cough
- Running nose
- Diarrhea
- Vomiting

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STA: (509) 328-1552

Please schedule return ride at least 30 minutes prior to end of session

AM 9am-12pm

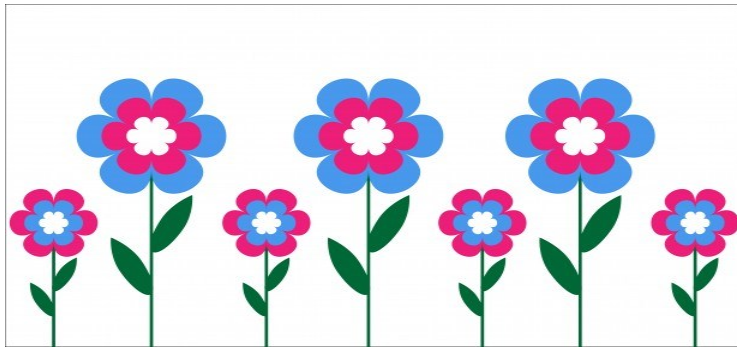
PM 12pm-3pm

LSC April 2022 Newsletter

We have started watching documentaries on Tuesdays. So far we are learning about different animals in zoos and how they are being cared for. We have learned about polar bears, otters, tigers, giraffes, and many more.

We are going to start planting seeds this month. We have gone over what seeds we will want to try and plant. Everyone has put together a list of what fruits and veggies they might want to try and grow.

We celebrated St. Patrick's Day by wearing green. We also had homemade cookies done by Racheal. They were tasty. And even watched *Darby O'Gill and the Little People*. Everyone had a great time and fun. We have painted leprechauns and four leaf clovers.



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Character Trait of the Month

Courage: the quality or spirit that enables a person to face difficulty, danger, pain, ect. Without fear.



Ron- 7th

Kathy-19th

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