

March 2023

West Central Community Center
 1603 N Belt St
 Spokane, WA 99205
 Fax: 509.324.2347



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Sign Language Club Fitness and Movement Women's Tea	2 Fitness and Movement Men's Coffee	3 Chair Dance Yoga BINGO! Movie	4
5	6 Crafty Corner Fitness and Movement Puzzles and Games	7 Music Fitness and Movement Painting and Drawing	8 Sign Language Club Fitness and Movement Women's Tea	9 Fitness and Movement Men's Coffee	10 Chair Dance Yoga BINGO! Movie	11
12	13 Crafty Corner Fitness and Movement Puzzles and Games	14 Music Fitness and Movement Painting and Drawing	15 Sign Language Club Fitness and Movement Women's Tea	16 Fitness and Movement Men's Coffee	17 Chair Dance Yoga BINGO! Movie	18
19	20 Crafty Corner Fitness and Movement Puzzles and Games	21 Music Fitness and Movement Painting and Drawing	22 Sign Language Club Fitness and Movement Women's Tea	23 Fitness and Movement Men's Coffee	24 Chair Dance Yoga BINGO!	25
26	27 Crafty Corner Fitness and Movement Puzzles and Games	28 Music Fitness and Movement Painting and Drawing	29 Sign Language Club Fitness and Movement Women's Tea	30 Fitness and Movement Men's Coffee	31 Chair Dance Yoga BINGO! Movie	

Eric Moede
 Support Service Manager
 Phone: 509.323.7517 (o)
 509.999.3173 (c)

STA: (509) 328-1552
 Please schedule return ride at least 30 minutes prior to end of session
 AM 9am-12pm
 PM 12pm-3pm



LSC MARCH 2023

Well March is certainly coming in like a lion! Hopefully that means it will be leaving like a lamb and warmer weather is on its way.

We had a great February here in the LSC. We had a Valentines day party where we were able to exchange Valentines cards, create some fun art projects, and decorate cookies. Thanks again to everyone who sent cards and candy in for our party!

We will have a St. Patty's Day party on the Friday, March 17th. Please send your participant dressed in green that day.

Thank you for allowing us to work alongside of you. We truly appreciate each and every person that we get to serve here at West Central.

Eric

Items Needed:

Wipes	Clorox Wipes
Snacks	Juice Boxes
Kleenex	

