

January 2023

West Central Community Center
 1603 N Belt St
 Spokane, WA 99205
 Fax: 509.324.2347



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2 Music Fitness and Movement Painting and Drawing	3 Sign Language Club Fitness and Movement Women's Tea	4 Trivia Fitness and Move- ment Men's Coffee	5 Chair Dance Yoga BINGO! Movie	6 7
	9 Crafty Corner Fitness and Movement Puzzles and Games	10 Music Fitness and Movement Painting and Drawing	11 Sign Language Club Fitness and Movement Women's Tea	12 Trivia Fitness and Move- ment Men's Coffee	13 Chair Dance Yoga BINGO! Movie	14
15	16 HOLIDAY CENTER CLOSED	17 Music Fitness and Movement Painting and Drawing	18 Sign Language Club Fitness and Movement Women's Tea	19 Trivia Fitness and Move- ment Men's Coffee	20 Chair Dance Yoga BINGO! Movie	21
22	23 Crafty Corner Fitness and Movement Puzzles and Games	24 Music Fitness and Movement Painting and Drawing	25 Sign Language Club Fitness and Movement Women's Tea	26 Trivia Fitness and Move- ment Men's Coffee	27 Chair Dance Yoga BINGO! Movie	28
29	30 Crafty Corner Fitness and Movement Puzzles and Games	31 Music Fitness and Movement Painting and Drawing				

Eric Moede
 Support Service Manager
 Phone: 509.323.7517 (o)
 509.999.3173 (c)

STA: (509) 328-1552

Please schedule return ride at least 30 minutes
prior to end of session

AM 9am-12pm

PM 12pm-3pm

LSC JANUARY 2023

Welcome back and Happy New Year to you all! I hope that you each had a great holiday season and are ready for a new year.

We had a wonderful time at our Holiday Party! Cookies, hot chocolate, and games filled the day. We even got a visit from Santa, who passed out some presents and visited with each one in attendance.

Please note that the center will be closed on Monday, January 16th in observation of Martin Luther King Jr. Day.

Also, as we are still in the middle of cold and flu season, please keep your participant home if they are experiencing any cold or flu symptoms.

We are looking forward to a great New Year here in LSC and are so grateful for working with you.

Eric

Items Needed:

Wipes

Clorox Wipes

Snacks

Juice Boxes

Kleenex



HAPPY BIRTHDAY

Rosine– 12th

Shannon– 15th