

August 2022

Items Needed:

****Wipes****

Snacks

Kleenex

****Clorox Wipes****

West Central Community
Center
1603 N Belt St
Spokane, WA 99205
Fax: 509.324.2347

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Arts and Crafts 1 Fitness and Movement	Book Club 2 Fitness and Movement	Sign Language Club 3 Women's Tea	Trivia 4 Fitness and Movement	Chair Dance 5 Yoga BINGO! Movie	6
Theme: Wild West/Cowboys						
7	Arts and Crafts 8 Fitness and Movement	Book Club 9 Fitness and Movement Volunteer	Sign Language Club 10 Women's Tea	Trivia 11 Fitness and Movement Men's Coffee	Chair Dance 12 Yoga BINGO! Movie	13
Theme: All about me						
14	Arts and Crafts 15 Fitness and Movement	Book Club 16 Fitness and Movement Volunteer	Sign Language Club 17 Women's Tea	Trivia 18 Fitness and Movement Men's Coffee	Chair Dance 19 Yoga BINGO! Movie	20
Theme: Super Heroes						
21	Arts and Crafts 22 Fitness and Movement Book Club	Book Club 23 Fitness and Movement Volunteer	Sign Language Club 24 Women's Tea	Trivia 25 Fitness and Movement Men's Coffee	Chair Dance 26 Yoga BINGO! Movie	27
Theme: Explorers & History						
28	Arts and Crafts 29 Fitness and Movement	Book Club 30 Fitness and Movement Volunteer	Sign Language Club 31 Women's Tea			
Theme: Harvest Time/ Fall Safety						

If your client/s have cold or flu like symptoms please keep them home. These include:

- Fever
- Cough
- Running nose
- Diarrhea
- Vomiting

Eric Moede
Support Service Manager
Phone: 509.323.7517 (o)/ 509.999.3173 (c)
E-mail: emoede@westcentralcc.org

STA: (509) 328-1552

Please schedule return ride at least 30 minutes prior to end of session

AM 9am-12pm

PM 12pm-3pm

LSC– August 2022 Newsletter

Summer is in full swing and we have been moving and grooving here in LSC! Our garden clubs is going awesome and we are starting to see strawberries ripen along with our other flowers in full bloom. We also have been able to welcome two new LSC friends who have joined in our program the last month.

We will be having a summer BBQ on August 26th. Hot dogs, burgers, chips and drinks will be provided by the center.

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- Anthony L. 14th
- Kim C. 15th
- Matthew L. 25th
- Taylor 26th
- Angela S. 28th

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